

HEATON PLACE NEWS

JANUARY 2024



Happy New Year!

January marks the beginning of a new year. With a new year comes new hope, new goals, and new intentions. January is not just a fresh start. It's also the time to think about how you can make a difference in your life. The start of the year is not just another dash towards December. It's the time to reflect and catch your breath before taking the first step. It's about doing what will benefit you in the years to come, not what everyone else is doing. January is the first page of a new chapter. Believe that this year is the most fantastic year, and it will be!



Welcome To Our Heaton Family

Hello Heaton Residents! We have two lovely ladies who will be joining our Heaton Family. Congratulations to **Lana B** and **Penelope D** on making the decision to make a retirement community your new home! As we all know, moving, no matter what stage of life you are in, can be a big transition and change. The best advice is to take it one step at a time. The beautiful thing about a senior living community is that there are plenty of people to help you! Let's all make sure we do our part in welcoming these wonderful women to our home.

Armstrong Events

The Nutcracker – Caravan farm Theatre. December 5th to January 7th 2024. Showtime is from 5pm, 7pm, 4pm, 6pm and 8pm. Approx 60 minutes. An interpretation of Ernest T.A Hoffman's holiday classic. Created by Cirque du Soleil artist Manon Beaudoin with an incredible ensemble of artists, The Nutcracker Winter Sleigh Ride Show weaves the magic of the winter landscape with stunning circus elements to retell a time honoured story.

Bosley's Bottle Drive

Help support Paw Prints Animal Rescue by dropping off your bottles to the Armstrong Bosley's Location 3305 Smith Drive. It will be on the 3rd Saturday of every month.



Esther H.	January 12
Shirley Ca	January 13
Judi W.	January 17
Donna C.	January 17
Doug P.	January 25
Joanne J.	January 28



Be Weather Prepared

Wearing appropriate footwear for icy conditions with a warm jacket, gloves, and toque. Prevent those sniffles!

Tips To Prevent A Scam

Maintaining cyber security will help prevent you from being a victim of identity theft and potential financial loss. Staying current on the latest types of scams can help you to identify the risks and learn how to avoid them, so you can protect yourself and your finances.

1. Don't act quickly. Scams are based on fear and urgency.
2. Avoid odd payment types..
3. Notice threatening behavior...
4. Be suspicious of fake caller ID's...
5. Be cautious of impersonation...
6. Do not reveal personal information...
7. Avoid suspicious links...
8. Ask a friend or family member...

Tech Talk

Local resources for your technical issues with your computer. Contact:

For Tech Repairs Contact:

Josh Seed
(250) 540-4268

For Tech Education Contact:

Dylan Borouch
(250) 307-7073



Friends And Family Referral Program

\$500.00 could be yours!

Friends make the best neighbors! We love to welcome new residents into our thriving Independent Living Community – it is extra special when they're a friend or family member of a current Heaton Place resident, staff, or family member! When you refer a friend to Heaton Place, you will both earn \$500.00 when they move in.

Here is how it works:

-Introduce a friend. This includes current and past residents, family members, staff, or anyone in the community.

- They move in. Your friend signs an Occupancy Agreement and moves in within 60 days of the referral.

- You earn \$500.00 and the person moving in will receive \$500.00 credit on their first month's rent.

- There is no limit to the number of friends you can bring into the Heaton family, so spread the word.

- Limited time offer – this promotion will expire on April 30, 2024.

If you have any questions please reach out to Carrie or Jan.



Home Improvements

Three Jay Electrical, Paul and Aaron will be in the building replacing your hallway and bedroom lighting with new LED's!



Coffee Lounge

The new Coffee Lounge will be open 24/7. Coffee/Tea will be available between 10am and 4pm. We hope you enjoy your new Coffee Lounge!

Upcoming Events

January 5 - 2:00	Happy Hour with Marv
January 9 - 10:30	Pharmacist Talk with Jason
January 12 - 2:00	Happy Hour with Never Too Late
January 17 - 2:00	Rockin Mama's
January 19 - 2:00	Happy Hour with Abe & Mary
January 26 - 2:00	Movie & Ice Cream