# HEATONPLACENEWS

# **MARCH 2024**



**Welcome New Residents** 

Please welcome Wilma S, and Ed B to the Heaton family. Be sure to say hello and give them a warm welcome.



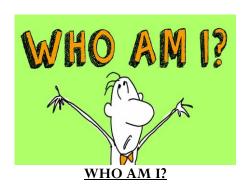
We now have a resident who has graciously volunteered her time to oversee and ensure that our library and puzzle areas are well looked after! This individual will ensure that both areas are organized in a manner that will make it easier to find the book or puzzle you may be looking for. Please note that there will be a basket for all the returned items. Please ensure that you return your book to the basket on second floor and not place them on the shelves. This will help keep new materials available and ready to be enjoyed! A big thank you too all!

Heaton Puzzles and Books are for the enjoyment of our in-house residents. Please do not lend them to family or friends. Thank you



## 5 St. Patrick's Day Facts

- 1. St. Patrick's Day is always on March 17<sup>th</sup>.
- 2. 1962 marked the first time Chicago dyed their river green for St. Patrick's Day.
- 3. Your odds of finding a four-leaf clover are about 1 in 10,000.
- 4. St. Patrick was not Irish. Although he made his mark by introducing Christianity in year 432. He was born to Roman Catholic parents in Scotland or Wales in the late 4<sup>th</sup> Century.
- 5. Beer is one of the most widely consumed beverages on St. Patrick's Day.



Last months Who Am I was Bob Barkman!

#### Who Am I?

I was born in Kamloops however my family moved to Chu Chua when I was young where my family lived in a train station for a period of time. I am passionate about volunteering in my community and have given my time for many, many years. History is very important to me. I love to go for a walk each day as long as the weather is good, and when it is not, I ensure to stay active inside the building of Heaton Place. I recently enjoyed my family and friends at a BIG celebration.

**Battery Disposal** – If you have batteries for disposal, there will be a bucket labeled as such in the first-floor west laundry room.

#### **Chocolate Easter Bunnies**

Heidrun from the Country Bakery will be bringing in a variety of Chocolate Easter Bunnies. Please place you orders by March  $8^{th}$  with Svenya.

#### Coffee with Jan

Coffee with Jan is wrapping up. Hopefully you are seeing your constructive ideas come to fruition. Thank you everyone for your feedback.

### Resident Directory Phone

<u>List</u> – We currently have a phone list with names and phone numbers of those living in Heaton Place. Would you like your name added? Would you like a copy of the list? Please see Svenya if you wish to have your name added, or if you are uncertain if you are already on the list.



**Gentle Reminders:** 

March 5th- Pacific Western Fire will be conducting an all-day fire alarm safety equipment check. They will be testing throughout the including building individual suites. will Maintenance be accompanying them. Please not call **Fire** the Department.

Shawna the hairdresser is back from vacation. If you would like to book an appointment, please contact her at 250 546-2126.



**Daylight Savings** – March 10 don't forget to spring forward. Turn your clocks ahead one hour!



March 3
March 4
March 4
March 10
March 16
March 30
March 30



Carrie's Corner

#### **Happy March Everyone!**

**Emergency** Contact **Information** – We would like to update our emergency contact information. Over time things change and this would include the contacts we have on file in our Emergency Contact Binders. We encourage you to speak with your family member to gather phone numbers and email addresses of those who are your emergency contacts and then please take some time to meet with Svenya or Carrie to go over the information we currently have on file. It is very important that we have accurate information in case of an emergency. Thank

Here is a thought, and I would like your feedback! Would you like to see your very own personal Resident Newsletter? This newsletter would only go to those living in Heaton Place and it would entail things such as exciting new news, a grandchild, maybe a trip you've been on, or resident's recipes. This would allow your fellow neighbors to hear about the wonderful things that are happening in your lives. Please come talk to me if this is something you would like to be involved in.

#### **Upcoming Events**

Mar 1 – 2:00 Happy Hour with Keith from Alberta.

Mar 4 – 1:00 Coffee with Jan 1<sup>st</sup> Floor Residents Only (In Dining Room).

Mar 5 – 9:00 Fire Alarm/Safety Testing - All Day.

Mar 8 – 2:30 Kevin James (Stand Up Comedy Video).

Mar 12 – 9:30 Fire Department Talk.

Mar 15 – 2:00 Carrie's Presentation on Dolly Parton.

Mar 20 – 2:00 Rockin Mama's Concert

Mar 22 – 3:00 Happy Hour with Never Too Late.

Mar 27 – 2:00 Music with Mark Ritchey.